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The first section of *The Better Part* offers a detailed and practical guide to Christian meditation. The second and larger section is divided into units. Each unit consists of five parts: a passage from the Gospels and a four-part commentary based on the same four themes throughout the book: Christ the Lord, Christ the Teacher, Christ the Friend, and Christ in My Life. All four Gospels are contained and commented upon in their entirety. This structure is substantive, meditative, and flexible. Truly, this is a book for a lifetime!

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the BETTER PART

Fr. John Bartunek, LC
author of "INSIDE THE PASSION"

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